

## SUMMER DUATHLON SERIES LEADERBOARD

Pos	Athlete	Gender	Category	# Races	Best 3	Race 1	Race 2	Race 3	Race 4	Race 5	Race 6
<b>Female Masters</b>											
1	<b>Katrina Southwood</b>	F	<b>Masters</b>	4	149	49		50	50	49	
2	<b>Daniela Sposi</b>	F	<b>Masters</b>	2	100	50	50				
3	Gloria Montefalcon	F	Masters	1	40		40				
4	Jenny Lawler	F	Masters	1	50					50	
<b>Female Senior</b>											
1	<b>Aisha Alkhater</b>	F	<b>Senior</b>	2	99	50	49				
2	<b>Alanood Alnuaimi</b>	F	<b>Senior</b>	2	97	49	48				
3	Naomi Anderson	F	Senior	1	50		50				
4	Anvitha Erini	F	Senior	1	50				50		
5	Mona Khalil	F	Junior	1	40					40	
<b>Male Masters</b>											
1	<b>Darren Stubing</b>	M	<b>Masters</b>	4	149	50		49	50	48	
2	<b>Mohamed Khalil</b>	M	<b>Masters</b>	5	145	48	48	48	49	46	
3	<b>Nour Abdelghany</b>	M	<b>Masters</b>	2	99	49	50				
4	<b>Hisham Rustom</b>	M	<b>Masters</b>	2	87				40	47	
5	Tom Bartos	M	Masters	1	50			50			
6	Jonathon Baron	M	Masters	1	50					50	
7	Stephen Porter	M	Masters	1	49	49					
8	Paul Beedle	M	Masters	1	49					49	
9	Arun Pradhap	M	Masters	1	40		40				
<b>Male Senior</b>											
1	<b>Geer Abdul Wahid</b>	M	<b>Senior</b>	3	138	39		49	50		
2	<b>Adam Gouha</b>	M	<b>Senior</b>	2	100		50			50	
3	<b>Vladislav Abramov</b>	M	<b>Senior</b>	2	98		49			49	
4	<b>Kenneth Allen</b>	M	<b>Senior</b>	2	98	50	48				
5	<b>Peter Crowe</b>	M	<b>Senior</b>	2	96	49	47				
6	Aidan Clarke	M	Senior	1	50			50			
7	Patrick Baron	M	Junior	1	50					50	
8	Ahmad Alamri	M	Senior	1	40	40					

## Summer Duathlon Race 1

### SPRINT DISTANCE - RACE 1

50 points for 1st place, 49 Points for 2nd place, 48 for 3rd etc.

Pos	Athlete	Gender	Category	Chip Time	Points	Run 1	T1	Bike	T2	Run 2
1	Christopher Van Der Walt	M	Senior	00:49:13	n/a	00:07:49	00:00:27	00:31:40	00:00:38	00:08:42
2	Kenneth Allen	M	Senior	00:54:55	50	00:08:39	00:00:25	00:35:59	00:00:21	00:09:32
3	Daniela Sposi	F	Masters	00:55:08	50	00:09:17	00:00:43	00:35:19	00:00:28	00:09:23
4	Darren Stubing	M	Masters	00:57:09	50	00:10:05	00:00:41	00:35:42	00:00:45	00:09:58
5	Peter Crowe	M	Senior	00:58:38	49	00:08:06	00:00:55	00:39:55	00:00:44	00:09:02
6	Nour Abdelghany	M	Masters	01:05:28	49	00:10:01	00:01:12	00:40:31	00:00:55	00:12:50
7	Katrina Southwood	F	Masters	01:08:09	49	00:13:31	00:01:04	00:39:55	00:00:40	00:13:01
8	Mohamed Khalil	M	Masters	01:08:58	48	00:11:08	00:00:50	00:43:43	00:00:52	00:12:28
9	Aisha Alkhater	F	Senior	01:20:17	50	00:13:18	00:00:52	00:49:22	00:01:16	00:15:31
10	Alanood Alnuaimi	F	Senior	01:31:36	49	00:16:30	00:01:38	00:58:01	00:01:03	00:14:26

### ENTICER DISTANCE - RACE 1

40 points for 1st place, 39 Points for 2nd place, 38 for 3rd etc.

Pos	Athlete	Gender	Category	Chip Time	Points	Run 1	T1	Bike	T2	Run 2
1	Ahmad Alamri	M	Senior	00:29:54	40	00:04:40	00:00:53	00:18:13	00:00:52	00:05:17
2	Geer Abdul Wahid	M	Senior	00:31:55	39	00:04:40	00:01:11	00:20:02	00:01:13	00:04:52

## Summer Duathlon Race 2

### SPRINT DISTANCE - RACE 2

50 points for 1st place, 49 Points for 2nd place, 48 for 3rd etc.

Pos	Athlete	Gender	Category	Chip Time	Points	Run 1	T1	Bike	T2	Run 2
1	Adam Gouha	M	Senior	00:50:59	50	00:08:11	00:00:44	00:33:29	00:00:19	00:08:18
2	Vladislav Abramov	M	Senior	00:53:11	49	00:08:15	00:00:31	00:34:26	00:00:37	00:09:24
3	Kenneth Allen	M	Senior	00:56:12	48	00:09:02	00:00:21	00:36:12	00:00:28	00:10:11
4	Daniela Sposi	F	Masters	00:56:40	50	00:09:29	00:00:27	00:36:23	00:00:30	00:09:53
5	Peter Crowe	M	Senior	00:59:28	47	00:09:02	00:00:33	00:39:50	00:00:45	00:09:21
6	Nour Abdelghany	M	Masters	00:59:45	50	00:10:18	00:01:00	00:40:38	00:00:55	00:06:57
7	Stephen Porter	M	Masters	01:04:52	49	00:10:47	00:00:46	00:39:16	00:00:52	00:13:12
8	Mohamed Khalil	M	Masters	01:07:34	48	00:11:39	00:00:41	00:41:33	00:00:28	00:13:14
9	Naomi Anderson	F	Senior	01:08:20	50	00:10:45	00:01:09	00:44:25	00:00:46	00:11:16
10	Aisha Alkhater	F	Senior	01:15:12	49	00:13:24	00:00:56	00:44:47	00:00:55	00:15:10
11	Alanood Alnuaimi	F	Senior	01:27:36	48	00:15:43	00:01:15	00:57:54	00:00:52	00:11:52

### ENTICER DISTANCE - RACE 2

40 points for 1st place, 39 Points for 2nd place, 38 for 3rd etc.

Pos	Athlete	Gender	Category	Chip Time	Points	Run 1	T1	Bike	T2	Run 2
1	Gloria Montefalcon	F	Masters	00:50:52	40	00:08:17	00:00:53	00:29:04	00:11:41	00:07:14
2	Arun Pradhap	M	Masters	00:51:01	40	00:08:19	00:00:56	00:28:57	00:11:51	00:07:08

### Summer Duathlon Race 3

#### SPRINT DISTANCE - RACE 3

50 points for 1st place, 49 Points for 2nd place, 48 for 3rd etc.

Pos	Athlete	Gender	Category	Chip Time	Points	Run 1	T1	Bike	T2	Run 2
1	Tom Bartos	M	Masters	00:53:26	50	00:08:02	00:00:26	00:36:09	00:00:25	00:08:26
2	Aidan Clarke	M	Senior	00:57:56	50	00:08:03	00:00:44	00:39:55	00:00:29	00:08:47
3	Darren Stubing	M	Masters	01:00:17	49	00:10:24	00:00:39	00:37:34	00:00:43	00:11:00
4	Geer Abdul Wahid	M	Senior	01:04:44	49	00:10:38	00:01:05	00:38:57	00:01:35	00:12:31
5	Mohamed Khalil	M	Masters	01:06:09	48	00:11:14	00:00:49	00:40:24	00:00:18	00:13:26
6	Katrina Southwood	F	Masters	01:08:57	50	00:13:35	00:00:54	00:39:20	00:00:51	00:14:19
7	Kirsty Fielding	F	NonMember	01:10:36	n/a	00:12:57	00:01:14	00:42:59	00:01:01	00:12:27

**Summer Duathlon Race 3**

SPRINT DISTANCE - RACE 4

50 points for 1st place, 49 Points for 2nd place, 48 for 3rd etc.

Pos	Athlete	Gender	Category	Chip Time	Points	Run 1	T1	Bike	T2	Run 2
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**Summer Duathlon Race 3**

SPRINT DISTANCE - RACE 5

50 points for 1st place, 49 Points for 2nd place, 48 for 3rd etc.

Pos	Athlete	Gender	Category	Chip Time	Points	Run 1	T1	Bike	T2	Run 2
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