

# Results

All races

Pos	Chip Time	Athlete	Sex	Swim	Pace(min/100m)	#S	Run	#T	Run	Run	Run	Total	Pace(min/km)	#R
1	0:56:57	Andrew Kilshaw	M	0:33:00	1:39	1	0:01:42	4	0:07:41	0:07:22	0:07:14	0:22:16	4:27	1
2	1:03:36	Simon Halford	M	0:39:51	1:59	2	0:01:05	2	0:07:27	0:07:41	0:07:34	0:22:41	4:32	2
3	1:10:13	Ivan Lowe	M	0:43:22	2:10	4	0:01:15	3	0:08:12	0:08:39	0:08:47	0:25:37	5:07	3
4	1:10:27	Aoife Boyce	F	0:43:29	2:10	5	0:00:51	1	0:08:41	0:08:48	0:08:38	0:26:07	5:13	4
5		Miguel Reis	M	0:40:40	2:02	3	0:04:40	5	0:09:28	0:08:50				5